



Children's Therapy Center

Getting Involved to Make a Difference

My name is Cara Saul and I have been involved with the Children's Therapy Center for 4 years. I was introduced to the Center when my daughter Natalie was nine months old. For 4 years the therapists and staff have been by our side through many phases of our "disability". Not only did they help with our fears of the unknown, and the tears of frustration, but also the smiles and encouragement for our triumphs. After about three months of receiving therapy services, I was hooked and forever grateful to the Children's Therapy Center. I knew our family was not in a position to financially help the Children's Therapy Center, but I asked what could we do to show our

gratitude. I was directed to W.K. Juncker, Resource Development Director. I explained our situation and asked if he had any suggestions - Boy did he have suggestions! He stated that the best way I could help is to volunteer. I didn't really understand what all it took to keep the Children's Therapy Center running and moving forward, but there are several fundraisers throughout the year that the Children's Therapy Center is involved in. Well, as a parent of two, I never get to read bulletins in the waiting room and don't get much time to watch television to hear the upcoming events. I have since been volunteering any chance I can. I have sat in a home for a couple of hours

for the Parade of Homes. I have helped with the telethon and helped load cans at Hy-Vee for the "Cans for Children". There are many more events that I still haven't had a chance to help with, but my day will come soon. I never thought that my time and not necessarily my money would be such an asset to the Children's Therapy Center. I also never realized how great I felt when done with "my job" because I gave only a small amount of myself to help the very place that gave my daughter every opportunity in the world and helped her achieve goals that at one point were almost impossible.

Sincerely,
Cara Saul

Children's Therapy Center
of the Quad Cities

Celebrating the Child

Summer 2007



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1st Annual Quad Cities Polo Club Charity Match

~ Help make the first year one to remember!~

Saturday, July 7
Boeh Family Farms
4150 Forest Grove Drive
Bettendorf, Iowa

Corporate Chalets available, \$500.00-\$2500.00.

Perfect for entertaining clients, employees or hosting family and friends.

Governor's Chalet- \$50.00 per ticket or table of 10 for \$400.00

General Admission- \$7.00 in advance \$10.00 at the gate

Children's Therapy Center: A Commitment to Excellence

In July of this year, three of the therapists at the Children's Therapy Center will have completed a certification course in the Neuro-Developmental Treatment approach to therapy for young children with developmental disabilities. This course required the three therapists to spend hundreds of unpaid hours in training, to spend 33 days since September of 2006 away from their families (broken up into 3 day weekends), and to travel back and forth from the Quad Cities to Milwaukee, Wisconsin each month for the past 10 months. This specialized training cost the Children's Therapy Center almost \$20,000 in order to have the three therapists participate.

The decision by our organization to send the therapists to this training and the decision by the therapists to attend this extensive training are clear demonstrations of the commitment to excellence made by all at the Children's Therapy Center. To be able to provide local children with the best possible therapy services is the goal of everyone at the Children's Therapy Center, from our Board of Directors to our staff to our many volunteers. We focus all of our energies and resources on making life better for the children with developmental disabilities whom we are privileged to serve.

Congratulations to Physical Therapist Kim Utsinger, to Occupational Therapist Jean Herzfeldt and to Physical Therapist Carrie Swanson as they successfully complete their Neuro-Developmental Treatment training course. They have made themselves better therapists through their participation in this specialized training. The many children they serve will benefit from their dedication now and in the future.

Also congratulations to all of us involved in the Children's Therapy Center for our continued commitment to excellence in our effort to help young children with developmental disabilities. We can be proud of the positive differences that we make in the lives of children we serve.

George McDoniel
Executive Director

Services Provided

The Children's Therapy Center of the Quad Cities, NFP is a federally qualified, tax-exempt 501 (c)(3) charitable organization. We are dedicated to our mission of providing direct therapy and assistance to children and adults in our community, helping them to attain the highest level of independence possible.

Pediatric Services Provided

Occupational Therapy

- Fine Motor Development
- Sensory Integration Evaluation and Treatment
- Therapeutic Listening Program
- Neuro-Developmental Treatment



Physical Therapy

- Neuro-Developmental Treatment
- Assistive Technology

Speech Therapy

- Speech-Language Therapy
- Oral-Motor Therapy
- Feeding Therapy

Other Services

- Camp Independence
- Special Therapy Programs



Commitment to Care

In the past year, the Children's Therapy Center of the Quad Cities provided 11,569 units of physical, occupational and speech therapy to local children.

Of those 11,569 units provided, 49% of these services were not reimbursed.

This compares to the year 2002, the Easter Seals Foundation provided 8,332 units of therapy.

These numbers reflect a 38% increase in therapy units provided.



It's clear that our decision to remain a local organization was right for our area.

2007 Grantors List

~ Amy Helpenstell Foundation

~ Rock Island Community Foundation

~ Community Development Block Grant- City of Moline

~ Rock Island County Medical Society Alliance

~ Community Foundation of the Great River Bend

~ Trinity Regional Health System Community Benefits Grant

~ Doris and Victor Day Foundation

~ Wilbert J. & Carol A. Keppy Charitable Foundation

~ Independent Physicians Association of the Quad Cities



~ Moline Foundation

~ Scott County Medical Society Alliance

~ Mel McKay Charitable Trust

~ Riverboat Development Authority

~ Rauch Family Foundation

Meet a Board Member- Missy Dippel

In anticipation of beginning the Occupational Therapy Masters program at St. Ambrose University, Missy was required to complete 50 hours of clinical observations to be considered for the program. Missy contacted the Children's Therapy Center to see where she could help.

As Missy was completing her observation hours, she began getting involved in other aspects of

the center. She found a love for volunteering at the different events and participating in the fundraising division of the Center. As she discovered more and more about what goes on daily with the Children's Therapy Center, she continually found new and exciting things she wanted to be a part of.

Being a dedicated mother of 3, with children ranging from ages 6 years to 13 years old and constantly running between dance classes and soccer games, Missy is teaching her children about their future and how to make a positive contribution to their neighborhood communities through her involvement with the Children's Therapy Center.

Staff

George McDoniel, MA
Executive Director

Sara Stout, MA, CCC-SLP
Speech Language Pathologist

Carrie Swanson, MTP
Kim Utsinger, MPT
Physical Therapists

Jean Herzfeldt, OTR/L
Occupational Therapist

Nancy Noord, MS
Henry County Case Worker

W.K. Juncker
Laura Teitsch
Sarah Sheedy
Resource Development

Sandy Simoens
Business Office



A Legacy Of Help, Hope And Healing For Our Quad Cities Community

Amy Helpenstell

The Children's Therapy Center of the Quad Cities received a \$14,000.00 grant from the Amy Helpenstell Foundation this past year to provide feeding therapy to local children with developmental disabilities. Sixteen children received 400 units of feeding therapy services from the Children's Therapy Center through the Amy Helpenstell Foundation. Feeding therapy services are provided at the treatment center in Moline and in the homes of the children and their families when necessary.

With a physician's prescription, the process to evaluate a child for feeding therapy services by a licensed and experienced Speech-Language Pathologist begins. The results of the evaluation determine the types of services that will be provided.

Feeding therapy with a Speech-Language Pathologist may include strengthening the muscles of the mouth, increasing tongue movement, improving chewing patterns, increasing tolerance of different foods or liquids, improving sucking/drinking ability, coordinating the suck-swallow-breathe patterns for infants, and altering food textures and liquid viscosity to insure safe swallowing.



The feeding therapy plans may be different for each child, but it is most important that feeding therapy begins as soon as possible after identifying a feeding or swallowing problem. Because of the Amy Helpenstell Foundation, local children are receiving the services that they need when they need them. Our partnership with the Amy Helpenstell Foundation truly fulfills Amy's Legacy of Help, Hope and Healing for the children with disabilities in our Quad Cities community.

~Prior to printing this article, the Amy Helpenstell Foundation awarded to the Children's Therapy Center an additional grant of \$15,000 ~

For additional information on the Amy Helpenstell Foundation, please visit:
www.amyhelpenstell.org

Board of Directors

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David M. Thies
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Dan Donahue
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Terri Martin
Mike Mickle
Christopher Moen, M.D.

Marcy O'Brien
Angie Peterson
Larry Pozzi
Cara Saul
Dawn Taghon
Marilyn Urbaniak
Natalie Wilson

Planning Your Gift

In establishing a planned giving program, the Children's Therapy Center has created an important opportunity for you to invest in the human needs and future of our community. Such investments are tailored to meet your own financial goals.



All types of contributions, money or property, are sought and welcomed. Gifts of all sizes are essential for our goal to be met. Individuals, clubs, organizations, businesses, corporations, etc... may make a gift of any type or amount.



These contributions are sought and may include:

- money
- stocks and bonds
- real estate
- life insurance policies
- bequests through wills
- memorials
- monthly pledges
- trusts
- gifts of remainder interest
- tangible personal property

The Wonders of Water

Are you drinking enough?

The average person needs at least 2.5 quarts of water a day!

How can it help....

- Distributes energy-producing nutrients through your body
- Aids digestion
- Regulates body temperature
- Flushes impurities from your system
- Gives your skin a healthier glow

Drinking 6-8 cups of water a day is the best way to make sure you are receiving enough nutrients to maintain a healthy lifestyle. If your active, your body needs even more!

Don't rely on sodas or caffeinated drinks for your fluid intake. They may contain substances that can actually dehydrate you. That means *you are losing water.*

For an energy boost, try a light healthy snack and a tall glass of ice water!

A bottle of fresh water should be an essential part of your day!

"Whether it be from tap, a drinking fountain or a bottle of fresh water, you should be drinking it all day."

New Legislation; Law Changing

The Pension Protection Act, enacted August 17th, 2006, allows the IRA of an individual over the age 70.5 to be directly transferred to a charity without any inclusions in the taxable income of the IRA owner. Because the IRA income is

sidestepped, there is also no charitable deduction. This law change is available immediately in the 2006 tax year.

For more information please contact W.K. Juncker @ 309.762.9552, ext. 16

Meet Our Therapists

Kim Utsinger, PT, MPT;

Kim received her Masters of Physical Therapy from St. Ambrose University. Kim has 8 years of experience in Physical Therapy. She also has specialized pediatric training in many areas including assessment and treatment of high risk infants, spasticity management in children with cerebral palsy and use of taping and electrical stimulation with children who have neuromotor impairments. Kim also received extensive training in the Neuro-Developmental Treatment approach.

Jean Herzfeldt, OTR/L;

Jean focuses on Fine Motor, Sensory Integration and Therapeutic Taping. Completing her Bachelors degree in Occupational Therapy from the College of St. Catherine in 2002, Jean received extensive training using the Neuro- Developmental Treatment approach with babies and children who have neuromotor impairments.

Sara Stout, MA, CCC-SLP;

Sara received her Masters of Arts in Speech-Language Pathology at the University of Northern Iowa. Sara has over 10 years of experience with pediatric services in many areas of specialized training focusing on communicative and feeding disorders.

Carrie Swanson, PT, MPT;

Carrie received her Masters of Physical Therapy from St. Ambrose University. Carrie has specialized pediatric training in assessment and treatment of babies with torticollis and the use of electrical stimulation with the pediatric population. Carrie also received extensive training using the Neuro-Developmental Treatment approach with babies and children who have neuromotor impairments.

More Upcoming Events

Birdies for Charity

100% of donations are put right to work here in the Quad Cities.

Pledges due Thursday, July 5th

Open Buddy

Bass Tournament

August 18th

Albany Landing, Albany,
Illinois

Chuck Long Charity Sports

Auction

Make your reservations now for the March 8th, 2008 event held at the Isle of Capri Conference Center.



For more information on any upcoming event please

contact: W.K. Juncker -
Children's Therapy Center of
the Quad Cities
309.762.9552
ext. 16

A special Thank You to all of our volunteers who make these events successful and possible. We appreciate everything that you do for us. *

**Children's Therapy Center
of the Quad Cities**

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Celebrating the Child



Our Mission:

To assist persons with disabilities to achieve their highest level of independence. To this end, the Children's Therapy Center of the Quad Cities provides pediatric therapy services including physical therapy, occupational therapy, speech therapy, information and referral, as well as the opportunity for children and adults to attend Camp Independence.



